



# Italian with a Sardinian twist

## APPETISERS

<b>PANI'S GARLIC BREAD (v)</b> .....	<b>£3.25</b>
<b>with cheese</b> .....	<b>£3.65</b>
<b>(v) with tomato</b> .....	<b>£3.65</b>
<b>with cheese &amp; tomato</b> .....	<b>£3.95</b>
<b>PANI'S BRUSCHETTA</b> .....	<b>£4.95</b>
<i>Topped with provolone cheese, black olive pâté and sundried tomatoes.</i>	
<b>BRUSCHETTA GONNESA</b> .....	<b>£5.45</b>
<i>Cherry tomatoes, capers, oregano, anchovies, garlic and extra virgin olive oil.</i>	
<b>BRUSCHETTA CON CRUDO</b> .....	<b>£5.45</b>
<i>Parma ham, tomatoes, fresh rocket and mozzarella finished with a balsamic crème.</i>	

## STARTERS

<b>PANI'S BISQUE WITH RAVIOLI CON CAPESANTE</b> .....	<b>£9.95</b>
<i>Fresh egg pasta parcels filled with scallop, prawn meat, ricotta and mascarpone cheese. Served in a king prawn, vegetable, garlic, chilli, fresh herb, white wine, anchovy, and tomato bisque. Sprinkled with bottarga.</i>	
<b>FISH SOUP</b> .....	<b>£5.65</b>
<i>Prawns, tiger prawns, tuna, peas, spring onion, tomato and a spicy fish stock.</i>	
<b>INVOLTINI DI MELANZANE E CRUDO</b> .....	<b>£5.95</b>
<i>An oven-baked dish of grilled aubergine rolls, Parma ham, grated pecorino cheese, tomato sauce and mozzarella cheese.</i>	
<b>GAMBERONI</b> .....	<b>£9.25</b>
<i>Pan-fried king prawns with garlic, lemon, parsley, white wine and butter. Served on a king prawn bisque risotto.</i>	
<b>THE SARDINIAN SHEPHER'S PLATTER</b> .....	<b>(serves 2) £11.95</b>
<i>A classic and spicy board of Sardinian salsiccia secca, Parma ham, giglio Sardo pecorino cheese, artichoke, mixed olives and sun-dried tomatoes, served on crispy carasao bread.</i>	
<b>(V) PASSEGGIATA IN ORTO</b> .....	<b>(serves 2) £11.95</b>
<i>With tomatoes, mozzarella, artichokes, grilled aubergines, balsamic onions, olives, chargrilled vegetables, roast peppers, mixed beans and sun-dried tomatoes.</i>	

## PASTE

<b>LASAGNE AL FORNO</b> .....	<b>£7.95</b>
<i>Bolognese, bechamel, nutmeg, tomato and mozzarella.</i>	
<b>CULURGIONES</b> .....	<b>£11.00</b>
<i>Fresh handmade pasta parcels, filled with pecorino, mint garlic &amp; potato. Served with a tomato &amp; basil sauce. Sprinkled with grated pecorino cheese.</i>	
<b>(V) CASARECCE AL PESTO DI MELANZANE</b> .....	<b>£9.35</b>
<i>An authentic pesto made with oven-roasted aubergines, paprika, parsley, pine nuts, garlic and extra virgin olive oil.</i>	
<b>PANI'S BOLOGNESE</b> .....	<b>£8.25</b>
<i>Malloreddus pasta with our version of the classic recipe.</i>	
<b>MALLOREDDUS ALLA CAMPIDANESE</b> .....	<b>£9.25</b>
<i>Sausage meat, saffron, garlic, tomato sauce, white wine and onions.</i>	
<b>MALLOREDDUS CUN SARTIZZU</b> .....	<b>£8.95</b>
<i>Italian sausage with a garlic, chilli and tomato sauce, finished with pecorino cheese.</i>	

## SARDINIAN TAPAS TAGLIERINI

CREATE YOUR OWN PLATTER  
CHOOSE 1 - £5.95, 2 - £10.65, 3 - £15.95

### GAMBERI

Tiger prawns, garlic, chilli, white wine and butter served on a bed of fresh rocket.

### (V) PANI'S GRILLED VEGETABLES

Pani's selection of lightly warmed chargrilled mediterranean vegetables, chilli and garlic.

### INSALATA MARE

Pani's homemade seafood salad.

### CALAMARI

Deep-fried squid, balsamic crème and iceberg lettuce.

### CARCIOFI

Roman artichokes, garlic, lemon, rocket and pecorino cheese on crispy carasao bread.

### MOZZARELLA WRAP

Baby mozzarella, Parma ham, rocket and pine nuts drizzled with balsamic crème.

### SARDINIAN SAUSAGE

Spicy Sardinian sausage, rustic plum tomatoes, onions and garlic. Served on toasted bread and sprinkled with pecorino cheese.

## HOUSE SPECIALITIES

<b>RAVIOLI SARDI</b> .....	<b>£9.25</b>
<i>Handmade fresh egg pasta parcels filled with ricotta, nutmeg, pecorino and spinach, served on a tomato and basil sauce.</i>	
<b>(V) QUADRELLI VEGETARIANI</b> .....	<b>£10.25</b>
<i>Fresh pasta parcels filled with asparagus tips &amp; mascarpone cheese, butter &amp; black pepper. Served on a bed of fresh rocket. Topped with roasted pine nuts &amp; walnuts</i>	
<b>CAPELANTE</b> .....	<b>£12.95</b>
<i>fresh egg pasta parcels filled with mascarpone and ricotta cheese, scallop and prawn meat. Finished with garlic, chili, extra virgin olive oil and parsley. Sprinkled with bottarga</i>	
<b>SPAGHETTI AJÒ</b> .....	<b>£11.95</b>
<i>Squid ink spaghetti with a tiger prawn, chilli, garlic, bottarga, and extra virgin olive oil sauce.</i>	
<b>(V) FREGOLA ALLA VEGETARIANA</b> .....	<b>£9.95</b>
<i>Chargrilled vegetables, garlic, spicy olives and tomatoes. (Also available as a risotto)</i>	
<b>FREGOLA ALLA MARINARA</b> .....	<b>£12.25</b>
<i>Tiger prawns, white crab meat, garlic, peas, onions, spicy saffron and bottarga. (Also available as a risotto)</i>	
<b>MELANZANE ALLA PARMIGIANA</b> .....	<b>£9.95</b>
<i>Aubergines in a batter of garlic, oregano, parmesan and basil, oven-baked in tomato sauce and provolone cheese.</i>	

## CARNE - PESCE

<b>ARROR'E SARTIZZU</b> .....	<b>£12.00</b>
<i>Chargrilled Sardinian sausage ring served on roast potatoes, crisp spinach leaves, nocellara olives, spicy njuda salami spread, white wine, cherry tomatoes and green beans.</i>	
<b>POLLO CON LENTICCHIE</b> .....	<b>£13.95</b>
<i>Pan-fried chicken fillets, Sardinian sausage, smoked pancetta, lentils, white wine, cherry tomatoes, chilli, garlic, spinach and fresh herbs. Served with chips or salad</i>	
<b>POLLO AL DOLCELATTE</b> .....	<b>£13.95</b>
<i>Pan-fried chicken breast with Italian blue cheese, white wine and cream. Served with chips or salad</i>	
<b>SPIGOLA</b> .....	<b>£14.25</b>
<i>Pan-fried sea bass, seasoned with polenta and served on a bed of squid ink spaghetti, chilli, garlic, bottarga. Served with chips or salad</i>	
<b>GAMBERONI</b> .....	<b>£18.00</b>
<i>Pan-fried king prawns with garlic, lemon, parsley, white wine and butter, served with king prawn bisque risotto.</i>	
<b>BISTECCA DI MANZO</b> .....	<b>£19.00</b>
<i>8oz rib-eye steak served with a porcini mushroom, garlic and pine nuts pesto, spinach leaves, white wine and cream sauce. Served with chips or salad</i>	
<b>SALSICCE ALLA GRIGLIA</b> .....	<b>£12.00</b>
<i>Chargrilled Sardinian sausage with artichokes, pecorino cheese, olia nieddas, cherry tomatoes, Rocket leaf salad with balsamic crème</i>	

## INSALATONE

<b>PANI'S CEASER SALAD</b> .....	<b>£9.95</b>
<i>Smoked chicken, baby gem lettuce, ciabatta croutons, marinated white anchovies, parmesan cheese and mayonnaise dressing.</i>	
<b>CAPRESE SALAD con CRUDO</b> .....	<b>£7.95</b>
<i>Vine tomatoes, mozzarella, rocket, Parma ham, and balsamic crème.</i>	
<b>(v) no Parma ham</b> .....	<b>£6.95</b>
<b>INSALATA AI FRUTTI DI MARE</b> .....	<b>£10.00</b>
<i>Pani's homemade seafood salad.</i>	

## SIDE ORDERS

<b>MIXED OLIVES &amp; GRISSINI</b> .....	<b>£3.95</b>
<b>OLIVE NOCELLARA &amp; GRISSINI</b> .....	<b>£3.95</b>
<b>OLIAS NIEDDAS &amp; GRISSINI</b> .....	<b>£3.95</b>
<b>MIXED SALAD</b> .....	<b>£3.20</b>
<b>GREEN SALAD</b> .....	<b>£3.20</b>
<b>ROCKET SALAD</b> .....	<b>£3.20</b>
<b>CHIPS</b> .....	<b>£3.20</b>
<b>SWEET POTATO FRIES</b> .....	<b>£3.95</b>
<b>COURGETTE FRIES</b> .....	<b>£4.20</b>
<b>PANE &amp; BURRO</b> .....	<b>£1.20</b>

## FOOD ALLERGIES & INTOLLERANCE

PLEASE ASK YOUR SERVER FOR OUR ALLERGEN CHART. IF YOU HAVE A FOOD ALLERGEN OR FOOD INTOLLERANCE TO ANY OF THE FOLLOWING: CEREALS CONTAINING GLUTEN, CRUSTACEOUS, EGGS, FISH, PEANUTS, SOYBEANS, MILK, NUTS, CELERY, MUSTARD, SESAME SEEDS, SULPHUR DIOXIDE & SULPHITES, LUPIN OR MOLLUSCS. MANY DISHES MAY BE MADE GLUTEN-FREE/VEGETARIAN/VEGAN UPON REQUEST.