

Italian with a Sardinian twist



APPETISERS AND STARTERS

PANI'S CIABATTA GARLIC BREAD (v) £3.25

with cheese £3.65 with tomato (v) £3.65 with cheese & tomato £3.95

PANI'S BRUSCHETTA £4.95

Topped with provolone cheese, black olive pâté and sun-dried tomatoes.

BRUSCHETTA CON CRUDO £5.45

Parma ham, tomatoes, fresh rocket and mozzarella, finished with a balsamic crème.

(V) BRUSCHETTA TRADIZIONALE £4.95

Topped with tomatoes, baby mozzarella, basil and extra virgin olive oil.

POLPETTE £6

Pani's classic Angus beef mince, onion, egg, potato, garlic, lemon, lemon zest, rosemary and parsley.

Choice of sauces: tomato & basil / spicy tomato / pepe verde.

Served on toasted ciabatta bread.

KING PRAWNS £9.25

Three king prawns pan-fried with garlic, white wine, butter, lemon and parsley. Served with rice.

CARCIOFI £5.95

Pan-fried artichokes, baby potatoes, garlic, lemon and white wine. (V)

CULURGIONES FRITTI £7 / £11

Fresh handmade pasta parcels, filled with pecorino, mint garlic & potato, deep-fried. Served with tomato & basil / spicy tomato / saffron mayo.

GAMBERI £5.95

Tiger prawns cooked with garlic, white wine, lemon butter and served on a bed of carasau bread and rocket.

CALAMARI £5.95

Deep-fried squid, semola, balsamic crème and iceberg lettuce.

THE SARDINIAN SHEPHERD'S PLATTER (serves 2) £11.95

A classic and spicy board of Sardinian salsiccia secca, Parma ham, giglio Sardo, pecorino cheese, artichoke, mixed olives and sun-dried tomatoes. Served on crispy carasao bread.

(V) ANTIPASTO VEGETARIANO £7.20

Tomato and mozzarella, artichokes, grilled aubergines, roasted peppers, sundried tomatoes, olives, mixed beans, black olives pate' and carasau bread.

FISH SOUP £5.65

Prawns, tiger prawns, tuna, peas, spring onion, tomato and a spicy fish stock.

HOUSE SPECIALITIES

RAVIOLI SARDI £9.25

Handmade fresh egg pasta parcels filled with ricotta, nutmeg, pecorino and spinach. Served on a tomato and basil sauce.

(V) QUADRELLI VEGETARIANI £10.25

Fresh egg pasta parcels filled with asparagus and mascarpone cheese cooked with a dolcelatte cheese, spinach, white wine and cream sauce.

CAPELANTE £12.95

Fresh egg pasta parcels filled with scallop and prawn meat, mascarpone and ricotta cheese cooked with chili, garlic, white wine and tomato sauce topped with bottarga.

(V) FREGULA ORTU £10 (Also available as a risotto)

Fregola served with a garlic, sun-dried tomatoes, artichokes, vegetable stock, spinach and butter sauce and a touch of tomato sauce.

FREGOLA ALLA MARINARA £12.25 (Also available as a risotto)

Fregola served with a tiger prawns, clams, baby prawns, garlic, peas, onions, spicy saffron and bottarga sauce.

(V) ARTICHOKE CASSEROLE £10

Pani's artichokes, potatoes, peppers, onions, Cannellini beans, garlic, fresh herbs and white wine. Served with semolina bread.

CULURGIONES ROSSI £11

Fresh handmade pasta parcels, filled with pecorino, mint garlic & potato. Served with a tomato & basil sauce. Sprinkled with grated pecorino cheese.

PASTE

LASAGNE AL FORNO £7.95

Bolognese, bechamel, nutmeg, tomato and mozzarella.

PANI'S BOLOGNESE £8.25

Malloreddus pasta served with our version of the classic recipe.

MALLOREDDUS CUN SARTIZZU £8.95

Malloreddus pasta served with an Italian sausage, garlic, chilli and tomato sauce. Sprinkled with pecorino cheese.

PANI'S CASARECCE £8.95

Casarecce pasta served with a garlic, chilli, tomato, diced chicken and parsley sauce.

(V) NAPOLI £6.95

Casarecce pasta served with a tomato, onion, oregano and basil sauce.

(V) ARRABBIATA £6.95

Casarecce pasta served with a garlic, chilli, parsley and tomato sauce.

CARBONARA £8.25

Casarecce pasta served with a smoked pancetta, pecorino, black pepper, parsley and cream sauce

AMATRICIANA £8.25

Casarecce pasta served with a pancetta, garlic, chilli, parsley and tomato sauce

MEAT AND FISH

SAUSAGE CASSEROLE £10

Tuscan sausages, potatoes, peppers, onion, Cannellini beans, garlic, fresh herbs, white wine stew. Served with semolina bread.

POLLO CON LENTICCHIE £13.95

Pan-fried chicken breast, Sardinian sausage, smoked pancetta, lentils, white wine, cherry tomatoes, chilli, garlic, spinach and fresh herbs.

Served with chips or salad

POLLO AL DOLCELATTE £13.95

Pan-fried chicken breast with Italian blue cheese, white wine and cream. Served with chips or salad.

POLLO AL PEPE VERDE £13.95

Chicken breast pan-fried with green peppercorn, French mustard, red wine, black pepper and cream sauce. Served with chips or salad.

POLLO PIPPO £13.95

Chicken breast pan-fried with Tiger prawns, tarragon, garlic, white wine, fish stock and cream sauce. Served with chips or salad.

BISTECCA CON FUNGHI PORCINI £19.00

8oz rib-eye steak served with a porcini mushroom, garlic and pine nuts pesto, spinach leaves, white wine and cream sauce. Served with chips or salad. (also available "on pepe verde" or "dolcelatte" sauce)

GAMBERONI ALL'AGLIO £18.00

Six King prawns with garlic, lemon, parsley, white wine and butter.

Served with rice.

GAMBERONI ALL'ARRABBIATA £18.00

Six king prawns pan-fried with garlic, chilli, white wine and tomato sauce. Served with rice.

SPIGOLA £14.25

Seabass fillets pan-fried, seasoned with polenta and served with a tiger prawns, cherry tomatoes, spring onion, saffron, chilli, garlic, white wine and butter sauce. Served with chips or salad.

CIABATTA SANDWICHES (Served with fries or salad)

CINQUE £6.25

Chicken Milanese, tomatoes, salad, mayonnaise or tomato salsa dip.

OTTO £6

Parma-ham, fresh mozzarella, tomatoes, rocket and balsamic cream.

(V) SEDICI £6

Black olive pate, sun-dried tomatoes, fresh rocket, fresh mozzarella.

SIDES

MIXED SALAD	£3.20	MIXED OLIVES & GRISSINI	£3.95
GREEN SALAD	£3.20	BLACK OLIVES & GRISSINI	£3.95
CAPRESE	£4.95	NOCELLARA OLIVES & GRISSINI	£3.95
ROCKET SALAD	£3.20	SWEET POTATO FRIES	£3.95
CHIPS	£3.20	COURGETTE FRIES	£4.20



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